Sort By Controversial

[Epistemic status: fiction]

Thanks for letting me put my story on your blog. Mainstream media is crap and no one would have believed me anyway.

This starts in September 2017. I was working for a small online ad startup. You know the ads on Facebook and Twitter? We tell companies how to get them the most clicks. This startup – I won't tell you the name – was going to add deep learning, because investors will throw money at anything that uses the words "deep learning". We train a network to predict how many upvotes something will get on Reddit. Then we ask it how many likes different ads would get. Then we use whatever ad would get the most likes. This guy (who is not me) explains it better. Why Reddit? Because the upvotes and downvotes are simpler than all the different Facebook reacts, plus the subreddits allow demographic targeting, plus there's an archive of 1.7 billion Reddit comments you can download for training data. We trained a network to predict upvotes of Reddit posts based on their titles.

Any predictive network doubles as a generative network. If you teach a neural net to recognize dogs, you can run it in reverse to get dog pictures. If you train a network to predict Reddit upvotes, you can run it in reverse to generate titles it predicts will be highly upvoted. We tried this and it was pretty funny. I don't remember the exact wording, but for /r/politics it was something like "Donald Trump is no longer the president. All transgender people are the president." For r/technology it was about Elon Musk saving Net Neutrality. You can also generate titles that will get maximum downvotes, but this is boring: it will just say things that sound like spam about penis pills.

Reddit has a feature where you can sort posts by controversial. You can see the algorithm here, but tl;dr it multiplies magnitude of total votes (upvotes + downvotes) by balance (upvote:downvote ratio or vice versa, whichever is smaller) to highlight posts that provoke disagreement. Controversy sells, so we trained our network to predict this too. The project went to this new-ish Indian woman with a long name who went by Shiri, and she couldn't get it to work, so our boss Brad sent me to help. Shiri had tested the network on the big 1.7 billion comment archive, and it had produced controversial-sounding hypothethical scenarios about US politics. So far so good.

The Japanese tested their bioweapons on Chinese prisoners. The Tuskegee Institute tested syphilis on African-Americans. We were either nicer or dumber than they were, because we tested Shiri's Scissor on ourselves. We had a private internal subreddit where we discussed company business, because Brad wanted all of us to get familiar with the platform. Shiri's problem was that she'd been testing the controversy-network on our subreddit, and it would just spit out vacuously true or vacuously false statements. No controversy, no room for disagreement. The statement we were looking at that day was about a design choice in our code. I won't tell you the specifics, but imagine you took every bad and wrong decision decision in the world, hard-coded them in the ugliest possible way, and then handed it to the end user with a big middle finger. Shiri's Scissor spit out, as maximally controversial, the statement that we should design our product that way. We'd spent ten minutes arguing about exactly where the bug was, when Shiri said something about how she didn't understand why the program was generating obviously true statements.

Shiri's English wasn't great, so I thought this was a communication problem. I corrected her. The program was spitting out obviously false statements. She stuck to her guns. I still thought she was confused. I walked her through the meanings of the English words "true" and "false". She looked offended. I tried to confirm. She thought this abysmal programming decision, this plan of combining every bad design technique together and making it impossible to ever fix, was the right way to build our codebase? She said it was. Worse, she was confused I *didn't* think so. She thought this was more

or less what we were already doing; it wasn't. She thought that moving away from this would take a total rewrite and make the code much worse.

At this point I was doubting my sanity, so we went next door to Blake and David, who were senior coders in our company and usually voices of reason. They were talking about their own problem, but I interrupted them and gave them the Scissor statement. Blake gave the reasonable response — why are you bothering me with this stupid wrong garbage? But David had the same confusion Shiri did and started arguing that the idea made total sense. The four of us started fighting. I still was sure Shiri and David just misunderstood the question, even though David was a native English-speaker and the question was crystal-clear. Meanwhile David was feeling more and more condescended to, kept protesting he wasn't misunderstanding anything, that Blake and I were just crappy programmers who couldn't make the most basic architecture decisions. He kept insisting the same thing Shiri had, that the Scissor statement had already been the plan and any attempt to go in a different direction would screw everything up. It got so bad that we decided to go to Brad for clarification.

Brad was our founder. Don't trust the newspapers — not every tech entrepreneur is a greedy antisocial philistine. But everyone in advertising is. Brad definitely was. He was an abrasive amoral son of a bitch. But he was good at charming investors, and he could code, which is more than some bosses. He looked pissed to have the whole coding team come into his office unannounced, but he heard us out.

David tried to explain the issue, but he misrepresented almost every part of it. I couldn't believe he was lying just to look better to Brad. I cut him off. He told me not to interrupt him. Blake said if he wasn't lying we wouldn't have to interrupt to correct him, it degenerated from there. Somehow in the middle of all of this, Brad figured out what we were talking about and he cut us all off. "That's the stupidest thing I ever heard." He confirmed it wasn't the original plan, it was contrary to the original plan, and it was contrary to every rule of good programming and good business. David and Shiri, who were bad losers, accused Blake and me of "poisoning" Brad. David said that of course Brad would side with us. Brad had liked us better from the beginning. We'd racked up cushy project after cushy project while he and Shiri had gotten the dregs. Brad told him he was a moron and should get back to work. He didn't.

This part of the story ends at 8 PM with Brad firing David and Shiri for a combination of gross incompetence, gross insubordination, and being terrible human beings. With him giving a long speech on how he'd taken a chance on hiring David and Shiri, even though he knew from the beginning that they were unqualified charity cases, and at every turn they'd repaid his kindness with laziness and sabotage. With him calling them a drain on the company and implied they might be working for our competitors. With them calling him an abusive boss, saying the whole company was a scam to trick vulnerable employees into working themselves ragged for Brad's personal enrichment, and with them accusing us two – me and Blake – of being in on it with Brad.

That was 8 PM. We'd been standing in Brad's office fighting for five hours. At 8:01, after David and Shiri had stormed out, we all looked at each other and thought – holy shit, the controversial filter works.

I want to repeat that. At no time in our five hours of arguing did this occur to us. We were too focused on the issue at hand, the Scissor statement itself. We didn't have the perspective to step back and think about how all this controversy came from a statement designed to be maximally controversial. But at 8:01, when the argument was over and we had won, we stepped back and thought – holy shit.

We were too tired to think much about it that evening, but the next day we — Brad and the two remaining members of the coding team — had a meeting. We talked about what we had. Blake gave it its name: Shiri's Scissor. In some dead language, scissor shares a root with schism. A scissor is a schism-er, a schism-creator. And that was what we had. We were going to pivot from online advertising to superweapons. We would call the Pentagon. Tell them we had a program that could make people hate each other. Was this ethical? We were in online ads; we would sell our grandmothers to Somali slavers if we thought it would get us clicks. That horse had left the barn a long time ago.

It's hard to just call up the Pentagon and tell them you have a superweapon. Even in Silicon Valley, they don't believe you right away. But Brad called in favors from his friends, and about a week after David and Shiri got fired, we had a colonel from DARPA standing in the meeting room, asking what the hell we thought was so important.

Now we had a problem. We couldn't show the Colonel the Scissor statement that had gotten Dave and Shiri fired. He wasn't in our company; he wasn't even in ad tech; it would seem boring to him. We didn't want to generate a new Scissor statement for the Pentagon. Even Brad could figure out that having the US military descend into civil war would be bad for clicks. Finally we settled on a plan. We explained the concept of Reddit to the Colonel. And then we asked him which community he wanted us to tear apart as a demonstration.

He thought for a second, then said "Mozambique".

We had underestimated the culture gap here. When we asked the Colonel to choose a community to be a Scissor victim, we were expecting "tabletop wargamers" or "My Little Pony fans". But this was not how colonels at DARPA thought about the world. He said "Mozambique". I started explaining to him that this wasn't really how Reddit worked, it needed to be a group with its own subreddit. Brad interrupted me, said that Mozambique <u>had a subreddit</u>.

I could see the wheels turning in Brad's eyes. One wheel was saying "this guy is already skeptical, if we look weak in front of him he'll just write us off completely". The other wheel was calculating how many clicks Mozambique produced. Mene mene tekel upharsin. "Yeah," he said. "Their subreddit is fine. We can do Mozambique."

The Colonel gave us his business card and left. Blake and I were stuck running Shiri's Scissor on the Mozambique subreddit. I know, ethics, but like I said, online ads business, horse, barn door. The only decency we allowed ourselves was to choose the network's tenth pick — we didn't need to destroy everything, just give a demonstration. We got a statement accusing the Prime Minister of disrespecting Islam in a certain way — again, I won't be specific. In the absence of any better method, we PMed the admins of the Mozambique subreddit asking them what they thought. I don't remember what we said, something about being an American political science student learning about Mozambique culture, and could they ask some friends what would happen if the Prime Minister did that specific thing, and then report back to us?

We spent most of a week working on our project to undermine Mozambique. Then we got the news. David and Shiri were suing the company for unfair dismissal and racial discrimination. Brad and Blake and I were white. Shiri was an Indian woman, and David was Jewish. The case should have been laughed out of court — who ever heard of an anti-Semitic Silicon Valley startup? — except that all the documentation showed there was no reason to fire David and Shiri. Their work looked good on paper. They'd always gotten good performance reviews. The company was doing fine — it had even placed ads for more programmers a few weeks before.

David and Shiri knew why they'd been fired. But it didn't matter to them. They were so blinded with hatred for our company, so caught in the grip of the Scissor statement, that they would tell any lie necessary to destroy it. We were caught in a bind. We couldn't admit the existence of Shiri's Scissor, because we were trying to sell it to the Pentagon as a secret weapon, and also, publicly admitting to trying to destroy Mozambique would have been bad PR. But the court was demanding records about what our company had been doing just before and just after the dismissal. A real defense contractor could probably have gotten the Pentagon to write a letter saying our research was classified. But the Pentagon still didn't believe us. The Colonel was humoring us, nothing more. We were stuck.

I don't know how we would have dealt with the legal problems, because what actually happened was Brad went to David's house and tried to beat him up. You're going to think this was crazy, but you have to understand that David had always been annoying to work with, and that during the argument in Brad's office he had crossed so many lines that, if ever there was a person who deserved physical violence, it was him. Suing the company was just the last straw. I'm not going to judge Brad's actions after he'd spent months cleaning up after David's messes, paying him good money, and then David betrayed him at the end. But anyhow, that was it for our company. Brad got arrested. There was nobody else to pay the bills and keep the lights on. Blake and I were coders and had no idea how to run the business side of things. We handed in our resignations – not literally, Brad was in jail – and that was the end of Name Withheld Online Ad Company, Inc.

We got off easy. That's the takeaway I want to give here. We were unreasonably overwhelmingly lucky. If Shiri and I had started out by arguing about one of the US statements, we could have destroyed the country. If a giant like Google had developed Shiri's Scissor, it would have destroyed Google. If the Scissor statement we generated hadn't just been about a very specific piece of advertising software — if it had been about the tech industry in general, or business in general — we could have destroyed the economy.

As it was, we just destroyed our company and maybe a few of our closest competitors. If you look up internal publications from the online advertising industry around fall 2017, you will find some really weird stuff. That story about the online ads CEO getting arrested for murder, child abuse, attacking a cop, and three or four other things, and then later it was all found to be <u>false accusations</u> related to some ill-explained mental disorder – that's the tip of the iceberg. I don't have a good explanation for exactly how the Scissor statement spread or why it didn't spread further, but I bet if I looked into it too much, black helicopters would start hovering over my house. And that's all I'm going to say about that.

As for me, I quit the whole industry. I picked up a job in a more established company using ML for voice recognition, and tried not to think about it too much. I still got angry whenever I thought about the software design issue the Scissor had brought up. Once I saw someone who looked like Shiri at a cafe and I went over intending to give her a piece of my mind. It wasn't her, so I didn't end up in jail with Brad. I checked the news from Mozambique every so often, and it was quiet for a few months, and then it wasn't. I still don't know if we had anything to do with that. Africa just has a lot of conflicts, and if you wait long enough, maybe something will happen. The colonel never tried to get in touch with me. I don't think he ever took us seriously. Maybe he didn't even check the news from Mozambique. Maybe he saw it and figured it was a coincidence. Maybe he tried calling our company, got a message saying the phone was out of service, and didn't think it was worth pursuing. But as time went on and the conflict there didn't get any worse, I hoped the Shiri's Scissor part of my life was drawing to a close.

Then came the Kavanaugh hearings. Something about them gave me a sense of deja vu. The week of his testimony, I figured it out.

Shiri had told me that when she ran the Scissor on the site in general, she'd just gotten some appropriate controversial US politics scenarios. She had shown me two or three of them as examples. One of them had been very specifically about this situation. A Republican Supreme Court nominee accused of committing sexual assault as a teenager.

This made me freak out. Had somebody gotten hold of the Scissor and started using it on the US? Had that Pentagon colonel been paying more attention than he let on? But why would the Pentagon be trying to divide America? Had some enemy stolen it? I get the *New York Times*, obviously Putin was my first thought here. But how would Putin get Shiri's Scissor? Was I remembering wrong? I couldn't get it out of my head. I hadn't kept the list Shiri had given me, but I had enough of the Scissor codebase to rebuild the program over a few sleepless nights. Then I bought a big blob of compute from Amazon Web Services and threw it at the Reddit comment archive. It took three days and a five-digit sum of money, but I rebuilt the list Shiri must have had. Kavanaugh was in there, just as I remembered.

But so was Colin Kaepernick.

You've heard of him. He was the football player who refused to stand for the national anthem. If I already knew the Scissor predicted one controversy, why was I so shocked to learn it predicted another? Because Kaepernick started kneeling in 2016. We didn't build the Scissor until 2017. Putin hadn't gotten it from us. Someone had beaten us to it.

Of the Scissor's predicted top hundred most controversial statements, Kavanaugh was #58 and Kaepernick was #42. #86 was the Ground Zero Mosque. #89 was that baker who wouldn't make a cake for a gay wedding. The match isn't perfect, but #99 vaguely looked like the Elian Gonzalez case from 2000. That's five out of a hundred. Is that what would happen by chance? It's a big country, and lots of things happen here, and if a Scissor statement came up in the normal course of events it would get magnified to the national stage. But some of these were too specific. If it was coincidence, I would expect many more near matches than perfect matches. I found only two. The pattern of Scissor statements looked more like someone had arranged them to be perfect fits.

The earliest perfect fit was the Ground Zero Mosque in 2009. Could Putin have had a Scissor-like program in 2009? I say no way. This will sound weird to you if you're not in the industry. Why couldn't a national government have been eight years ahead of an online advertising company? All I can say is: machine learning moves faster than that. Russia couldn't hide a machine learning program that put it eight years ahead of the US. Even the Pentagon couldn't hide a program that put it eight years ahead of industry. The NSA is thirty years ahead of industry in cryptography and everyone knows it.

But then who was generating Scissor statements in 2009? I have no idea. And you know what? I can't bring myself to care.

If you just read a Scissor statement off a list, it's harmless. It just seems like a trivially true or trivially false thing. It doesn't activate until you start discussing it with somebody. At first you just think they're an imbecile. Then they call you an imbecile, and you want to defend yourself. Crescit eundo. You notice all the little ways they're lying to you and themselves and their audience every time they open their mouth to defend their imbecilic opinion. Then you notice how all the lies are connected, that in order to keep getting the little things like the Scissor statement wrong, they have to drag in everything else. Eventually even that doesn't work, they've just got to make everybody hate you so that nobody will even listen to your argument no matter how obviously true it is. Finally, they don't care about the Scissor statement anymore. They've just dug themselves so deep basing their whole existence around hating you and wanting you to fail that they can't walk it back. You've got to prove them wrong, not because you care about the Scissor statement either, but because otherwise they'll

do anything to poison people against you, make it impossible for them to even understand the argument for why you deserve to exist. You know this is true. Your mind becomes a constant loop of arguments you can use to defend yourself, and rehearsals of arguments for why their attacks are cruel and unfair, and the one burning question: how can you thwart them? How can you convince people not to listen to them, before they find those people and exploit their biases and turn them against you? How can you combat the superficial arguments they're deploying, before otherwise good people get convinced, so convinced their mind will be made up and they can never be unconvinced again? How can you keep yourself safe?

Shiri read two or three sample Scissor statements to me. She didn't say if she agreed with them or not. I didn't tell her if I agreed with them or not. They were harmless.

I don't hear voices in a crazy way. But sometimes I talk to myself. Sometimes I do both halves of the conversation. Sometimes I imagine one of them is a different person. I had a tough breakup a year ago. Sometimes the other voice in my head is my ex-girlfriend's voice. I know how she thinks and I always know what she would say about everything. So sometimes I hold conversations with her, even though she isn't there, and we've barely talked since the breakup. I don't know if this is weird. If it is, I'm weird.

And that was enough. For some reason, it was the third-highest-ranked Scissor statement that did it. None of the others, just that one. The totally hypothetical conversation with the version of my exgirlfriend in my head about the third Scissor statement got me. Shiri's Scissor was never really about other people anyway. Other people are just the trigger — and I use that word deliberately, in the trigger warning sense. Once you're triggered, you never need to talk to anyone else again. Just the knowledge that those people are out there is enough.

I thought I'd be done with this story in a night. Instead it's taken me two weeks, all the way up until Halloween – perfect night for a ghost story, right? I've been alternately drinking and smoking weed, trying to calm myself down enough to think about anything other than the third Scissor statement. No, that's not right, definitely trying not to think about either of the first two Scissor statements, because if I think about them, I might start thinking about how some people disagree with them, and then I'm gone. Three times I've started to call my ex-girlfriend to ask her where she is, and if I ever go through with it and she answers me, I don't know what I will do to her. But it isn't just her. Fifty percent of the population disagrees with me on the third-highest-ranked Scissor statement. I don't know who they are. I haven't really appreciated that fact. Not really. I can't imagine it being anyone I know. They're too decent. But I can't be sure it isn't. So I drink.

I know I should be talking about how we all need to unite against whatever shadowy manipulators keep throwing Scissor statements at us. I want to talk about how we need to cultivate radical compassion and charity as the only defense against such abominations. I want to give an Obamaesque speech about how the ties that bring us together are stronger than the forces tearing us apart. But I can't.

Remember what we did to Mozambique? How out of some vestigial sense of ethics, we released a low-potency Scissor statement? Arranged to give them a bad time without destroying the whole country all at once? That's what our shadowy manipulators are doing to us. Low-potency statements. Enough to get us enraged. Not enough to start Armageddon.

But I read the whole list. And then, like an idiot, I thought about it. I thought about the third-highest-ranked Scissor statement in enough detail to let it trigger. To even begin to question whether it might be true is so sick, so perverse, so hateful and disgusting, that Idi Amin would flush with shame to even contemplate it. And if the Scissor's right then half of you would be gung ho in support.

You guys, who haven't heard a really bad Scissor statement yet and don't know what it's like — it's easy for you to say "don't let it manipulate you" or "we need a hard and fast policy of not letting ourselves fight over Scissor statements". But how do you know you're not in the wrong? How do you know there's not an issue out there where, if you knew it, you would agree it would be better to just nuke the world and let us start over again from the sewer mutants, rather than let the sort of people who would support it continue to pollute the world with their presence? How do you know that you're not like the schoolkid who superciliously says "Nothing is bad enough to deserve a swear word" when the worst that's ever happened to her is dropping her lollipop in the dirt. If that schoolkid gets kidnapped and tortured, does she change her mind? If she can't describe the torture to her schoolmates, but just says "a really bad thing happened to me", and they still insist nothing could be bad enough to justify using swear words, who do you side with? Then why are you still thinking I'm "damaged" when I tell you I've seen the Scissor statement, and charity and compassion and unity can fuck off and die? Some last remnant of <u>outside-view morality</u> keeps me from writing the whole list here and letting you all exterminate yourselves. Some remnant of how I would have thought about these things a month ago holds me back. So listen:

Delete Facebook. Delete Twitter. Throw away your cell phone. Unsubscribe from the newspaper. Tell your friends and relatives not to discuss politics or society. If they slip up, break off all contact.

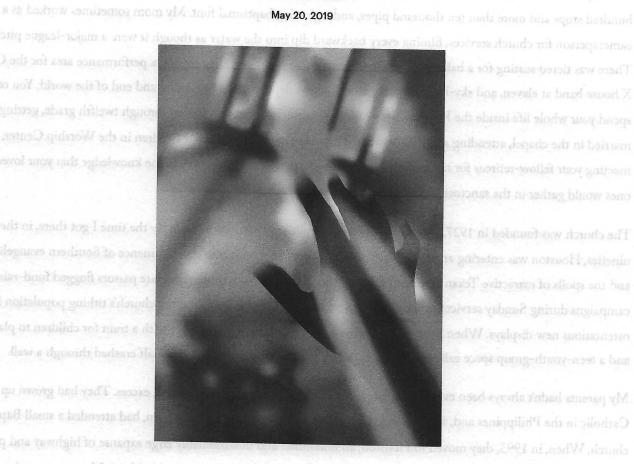
Then, buy canned food. Stockpile water. Learn to shoot a gun. If you can afford a bunker, get a bunker.

Because one day, whoever keeps feeding us Scissor statements is going to release one of the bad ones.

LOSING RELIGION AND FINDING ECSTASY IN HOUSTON

Christianity formed my deepest instincts, and I have been walking away from it for half my life.

Worship Center, which sat six droughed people. In continuous July West beloomes, a jumboron, an organ with nearly two



I've been walking away from institutional religion for half my life, fifteen years dismantling what the first fifteen built. Illustration by Shawna X

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↑ he church I grew up in was so big we called it the Repentagon. It was not a single structure but a thirty-fourmillion-dollar campus, built in the nineteen-eighties and spread across forty-two acres in a leafy, white neighborhood ten miles west of downtown Houston. A circular drive with a fountain in the middle led up to a bonewhite sanctuary that sat eight hundred; next to it was a small chapel, modest and humble, with pale-blue walls. There was also a school, a restaurant, a bookstore, three basketball courts, an exercise center, and a cavernous mirrored atrium. There was a dried-out field with bleachers and, next to it, a sprawling playground; during the school year, the rutting rhythm of football practice bled into the cacophony of recess through a porous border of mossy oaks. Mall-size parking lots circled the campus; on Sundays, it looked like a car dealership, and during the week it looked like a fortress, surrounded by an asphalt moat. At the middle of everything was an eight-sided, six-story corporate cathedral called the Worship Center, which sat six thousand people. Inside were two huge balconies, a jumbotron, an organ with nearly two hundred stops and more than ten thousand pipes, and a glowing baptismal font. My mom sometimes worked as a cameraperson for church services, filming every backward dip into the water as though it were a major-league pitch. There was tiered seating for a baby-boomer choir that sang at the nine-thirty service, a performance area for the Gen X house band at eleven, and sky-high stained-glass windows depicting the beginning and end of the world. You could spend your whole life inside the Repentagon, starting in nursery school, continuing through twelfth grade, getting married in the chapel, attending adult Bible study every weekend, baptizing your children in the Worship Center, and meeting your fellow-retirees for racquetball and a chicken-salad sandwich, secure in the knowledge that your loved ones would gather in the sanctuary to honor you after your death.

The church was founded in 1927, and the school was established two decades later. By the time I got there, in the midnineties, Houston was entering an era of glossy, self-satisfied power, enjoying the dominance of Southern evangelicals and the spoils of extractive Texan empires—Halliburton, Enron, Exxon, Bush. Associate pastors flogged fund-raising campaigns during Sunday services, working to convert the considerable wealth of the church's tithing population into ostentatious new displays. When I was in high school, the church built a fifth floor with a train for children to play in, and a teen-youth-group space called the Hangar, which featured the nose of a plane half crashed through a wall.

My parents hadn't always been evangelical, nor had they favored this tendency toward excess. They had grown up Catholic in the Philippines and, after moving to Toronto, a few years before I was born, had attended a small Baptist church. When, in 1993, they moved to Houston, an unfamiliar and unfathomably large expanse of highway and prairie, one pastor's face was everywhere, smiling at commuters from the billboards that studded I-10. My parents took to his kind and compelling style of preaching—he was classier than your average televangelist, and much less greasy than Joel

Osteen, the better-known Houston pastor, who became famous in the two-thousands for his airport books about the prosperity gospel. My parents began regularly attending services at the Repentagon, and, soon afterward, they persuaded the school's administrators to put me in first grade, even though I was four years old.

I would regret this situation when I was in high school at the age of twelve. But, as a kid, I was eager and easy. I pointed my toes in dance class and did all my homework. In daily Bible classes, I made salvation bracelets on tiny leather cords—a black bead for my sin, a red bead for the blood of Jesus, a white bead for purity, a blue bead for baptism, a green bead for spiritual growth, a gold bead for the streets of Heaven that awaited me. During the holidays, I acted in the church's youth musicals; one of them was set at CNN, the "Celestial News Network," and several of us played reporters covering the birth of Jesus Christ. When I was still in elementary school, my family moved farther west, to new suburbs where model homes rose out of bare farmland. On Sundays, as we drove into the city, I sat quietly in the back seat next to my cherubic little brother, ready to take my place in the dark and think about my soul. Spiritual matters felt simple and absolute. I didn't want to be bad, or doomed. I wanted to be saved, and good.

Back then, believing in God felt mostly unremarkable, occasionally interesting, and every so often like a private thrill. In the Bible, angels came to your doorstep. Fathers offered their children up to be sacrificed. Fishes multiplied; cities burned. The horror-movie progression of the plagues in Exodus riveted me: the blood, the frogs, the boils, the locusts, the darkness. I was taught that the violence of Christianity came with great safety: under a pleasing shroud of aesthetic mystery, there were clear prescriptions about who you should be. I prayed every night, thanking God for the wonderful life I had been given. On weekends, I would pedal my bike across a big stretch of pasture in the late-afternoon light and feel holy. I would spin in circles at the skating rink and know that someone was looking down on me.

Toward the end of elementary school, the impression of wholeness started slipping. A teacher advised us to boycott Disney movies, because Disney World had allowed gay people to host a parade. Another teacher confiscated my Archie comics and my peace-sign notebook, replacing this heathen paraphernalia with a copy of the new best-seller about the Second Coming, "Left Behind." Three girls were electrocuted when a light blew out in the pool where they'd been swimming, and this tragedy was deemed the will of the Lord. Around this time, television screens were installed all over campus, and the senatorial face of our pastor bobbed around on each one, preaching to nobody in particular. At chapel, we were sometimes shown religious agitprop videos; in the worst of these, a handsome dark-haired man bid his young son farewell in a futuristic white chamber and then, as violins swelled in the background, walked down an endless hall to be martyred for his Christian faith. I cried. Afterward, we sang "I Pledge Allegiance to the Lamb."

In middle school, I became conscious of my ambivalence. I started to feel twinges of guilt at the end of every church service, when the pastor would call for people to come forward and accept Jesus. What if this feeling of uncertainty meant that I needed to avow Him again and again? I'd been taught that my relationship with God would decay if I wasn't careful. I wasn't predestined, I wasn't chosen: if I wanted God's forgiveness, I had to work. I started feeling agoraphobic in the Worship Center; thinking about these intimate matters in such a crowded public place felt

indecent. I took breaks from services, sometimes curling up on the couches in the corridor, where mothers shushed their infants, or reading the Book of Revelation in the unsupervised pews in the highest balcony.

The author at home in suburban Houston, in 1995. Photograph courtesy Jia Tolentino

One Sunday, I told my parents that I needed a sweater from the car. I walked across the echoing atrium with the keys

jangling in my hand and the pastor's voice ringing through the empty space. In the parking lot, the sun burned my eyes and softened the asphalt. I got into the passenger seat of our powder-blue Suburban and put the key in the ignition. The Christian radio station was playing—89.3 KSBJ, "God listens." I hit the Seek button, sending the dial to country, alt-rock, the Spanish stations, and then to something I had never heard before. It was the Box, Houston's hip-hop radio station, and it was playing what it always played on Sundays: chopped and screwed.

The Greater Houston area is as big as New Jersey and contains seven million people. Its freeways trace nineteenth-century market routes, forming the shape of a wagon wheel around downtown. There are no zoning laws: strip clubs sit next to churches, shining skyscrapers next to gap-toothed convenience stores. The city is less than an hour from the Gulf Coast, with the alien-civilization oil refineries of Port Arthur and the ghost piers that rise out of Galveston's dirty water. There's an irradiated spirit to everything: an impurity that can feel like absolution.

By some measures, Houston is the most diverse city in America. It's also a deeply segregated one, with a long history of its wealthy white population quietly exploiting minorities in order to shore up the city's vaunted quality of life. For decades, Houston's government placed its garbage dumps in black neighborhoods, many of which bordered downtown. It was in some of these neighborhoods, in the nineties, in cheap bungalows behind patchy lawns and wire fences, south of 610 and west of 45, that the Houston rap scene was born. Alongside the legendary Port Arthur duo UGK, rappers like Z-Ro, Lil' Keke, Lil' Troy, Paul Wall, and Lil' Flip concocted a narcotized bang and sparkle that one can still hear in hip-hop. It sounds like an Escalade vibrating under the influence, like someone pulling up in a car with spinners and rolling down the window really slow. It shows up about a hundred seconds into last year's No. 1 hit "Sicko Mode," by the young Houston rapper Travis Scott, when he samples Big Hawk, a South Side rapper who was shot and killed, thirteen years ago, at the age of thirty-six.

Big Hawk was a member of the Screwed Up Click, which was led by the man who created chopped and screwed: Robert Earl Davis, Jr., better known as DJ Screw. Davis, whose life was chronicled by Michael Hall in Texas Monthly, was born in 1971, in Bastrop, outside Austin, to a trucker father and a mother who held three cleaning jobs and bootlegged cassette tapes from her record collection for extra cash. A cousin with whom Davis learned how to d.j. gave him his stage name after watching him use a screw to scratch up records he didn't like. Screw moved to Houston, dropped out of high school, and started d.j.'ing at a South Side skating rink. In 1989, he hit the wrong button on the turntable, and the tempo slowed to what would become his signature wooze. A friend gave him ten dollars to record an entire tape at that tempo. He started recording Houston rappers over mixtapes, directing their long, fluid sessions as he mixed, and then slowing the tape down, making it skip beats and stutter, like a heart about to stop. He made copies of his mixtapes on gray cassettes, which he bought in bulk, labelled by hand, and sold out of his house, to customers who waited in cars lined up around the block. In 1998, Screw established Screwed Up Records, behind bulletproof glass in a store near South Park. Nothing was for sale except those cassettes.

By then, Screw was getting physically heavier and slower, as if his body had started working at his trademark tempo.

He had become addicted to codeine cough syrup, also known as lean. Lean is now permanently associated with rappers, partly because of notable acolytes of the substance, such as Lil Wayne. But drugs are demographically flexible. Townes Van Zandt, the country-blues artist, who was born in Fort Worth and made his name playing Houston clubs in the sixties, loved cough syrup so much that he called it Delta Momma—DM, as in Robitussin. He sang one song, 1971's "Delta Momma Blues," from the genial point of view of the drug: "Well, my delta boy I'm afraid you're up too tight / But you take it slow and somehow you'll come meandering out my way / And I'll take you in my arms and make it right."

Chopped and screwed mimics the feeling you get from lean—a heady and dissociative security, as if you're moving very slowly toward a conclusion you don't need to understand. It's perfect for Houston, where you can pass a full day without ever getting off the highway, where the caustic gleam of daytime melts into a long, swampy night. The music sounded right to me as soon as I heard it, sitting on the old seats of my parents' Suburban, in the parking lot of the megachurch. I was in eighth grade, and Southern rap had already ascended, permeating even the Repentagon. At cheerleading camp, we tied thick white ribbons in our hair before stunt practice, listening to OutKast and Nelly; in ninth grade, we played Ludacris, and in tenth grade T.I. One summer, everyone started twerking: we dropped to the floor and clumsily thrust our hips, mimicking the motions that were spreading like a virus, clapping for the girls who could do it best. In high school, we would spend some of our evenings at youth group, where we sang about Jesus, and others going to teen night at a Houston club, driving into the thicket of liquor stores and strip clubs a mile up on Westheimer, entering a dark room where the girls wore miniskirts and everyone sought amnesty in a different way. (There was a lack of zoning in our cultural lives, too.) Sometimes a foam machine in the ceiling would turn on and soak our cheap pushup bras, and we'd glue ourselves to strangers as everyone chewed on big mouthfuls of Southern rap.

We had been taught that even French kissing was dangerous, that anything not marked as white and Christian was murky and perverse. Eventually, it was the church that seemed corrupted to me. What had been forbidden began to feel earnest and clean. I went to college and began considering different ideas of virtue. It was hot out the first time I tasted lean, on a night when everyone was home from school. I drank it with ice, booze, and Sprite, from a big Styrofoam cup. Soon afterward, I was in my friend's pool, wading through hip-high water. The song "Overnight Celebrity" was playing, and it sounded like it would never end—like it had been slowed to Sunday's chopped-and-screwed tempo, thick enough to carry me. The water felt like I could hold it. The sky was enormous and velvet. I looked up and saw the stars blanketed by the glow of pollution, and I felt as blessed as I ever did when I was a child.

I have been walking away from institutional religion for half my life now, fifteen years dismantling what the first fifteen built. But I've always been glad that I grew up the way that I did. The Repentagon trained me to feel at ease in odd, insular, extreme environments, and Christianity formed my deepest instincts. It gave me a leftist world view—a desire to follow leaders who feel themselves inseparable from the hungry, the imprisoned, and the sick. Years of auditing my own conduct in prayer gave me an obsession with everyday morality. And Christian theology convinced

me that I had been born in a compromised situation. It made me want to investigate my own ideas about what it means to be good.

This spiritual inheritance spurred my defection: by the end of my teens, I'd lost interest in trying to reconcile big-tent Southern evangelicalism with my burgeoning political beliefs. Many of the rich white Christians I knew believed—albeit politely, and with generous year-end donations to various ministries—that wealth was a kind of divine anointment, and that they were worth more to God and country than everyone else. People at my school often whispered the words "Mexican" and "black," instinctively assuming that those descriptions were slurs. The Gospels preach economic redistribution—"Let him who has two tunics share with him who has none," and so on—but everyone around me seemed mainly to believe in low taxes and the righteousness of war. George W. Bush was adorable, and the Patriot Act made him a hero; there were, without question, weapons of mass destruction in Iraq. Public demonstrations of faith often doubled as performances of superiority. Sometimes, at chapel, a troupe of Christian bodybuilders ripped apart phone books as a demonstration of the strength we could acquire through Jesus. At Halloween, the church put on a "Judgment House," a walk-through haunted-house play in which the main character, a high-school student, drank beer at a party, succumbed to further temptations, and wound up in Hell.

It wasn't hard to sever my ties to these theatrics. But, for years, I retained an intense hunger for devotion. First, I turned my attention inward. I kept a devotional journal, producing a record of jagged and fierce spiritual longing. I pleaded for things I still find recognizable. "Help me to not put on an act of any kind," I wrote. I told God that I wanted to live in accordance with my beliefs, that I wanted to diminish my sense of self-importance, that I was sorry for not being better, and that I was grateful for being alive. "It's hard to draw the line between taking pleasure in God's purpose and aligning God's purpose with what I take pleasure in," I wrote, between entries in which I wondered if it was inherently wrong to get drunk. The church stood on one side of my life, and what I wanted—a moral code determined by my own instincts, and an understanding of unmitigated desire—stood on the other. I was in the middle, trying to resolve a tension that, at some point, I stopped being able to feel. Eventually, almost without realizing it, I let one side go.

Throughout these years, I read a lot of C. S. Lewis, the strangest and yet most reasonable of twentieth-century Christian writers. I went back most often to "The Screwtape Letters," a collection of imaginary correspondence sent by a bureaucratic demon named Screwtape to his nephew Wormwood, a "junior tempter" who is trying to lead his first human subject astray. The book's title had odd, coincidental echoes that hinted at my relationship to its central subject—the ordinary temptations that could lead a person to Hell. "The safest road to Hell is the gradual one," Screwtape reminds Wormwood, "the gentle slope, soft underfoot, without sudden turnings, without milestones, without signposts." When I first came across that sentence, I felt as if someone were reading my palm.

My road that way has, in fact, been gentle, although there were signposts if I'd wanted to see them. I could say, for instance, without too much oversimplification, that the year that I stopped believing in God—2006—was also the year I first did Ecstasy, in a friend's college apartment. We swallowed pills that had been crushed into Kleenex, and then we

slipped into a sweaty black box of a music venue down the street, and I felt weightless, like I'd come back around to a truth that I had first been taught in church: that anything could happen, and a sort of grace that was both within you and outside you would pull you through.

Like many people before me, I found religion and drugs appealing for similar reasons. ("You require absolution, complete abandonment," I wrote, praying to God my junior year of high school.) Both provide a path toward transcendence, a way of accessing an extrahuman world of rapture and pardon. The word "ecstasy" suggests this etymologically, coming from the Greek *ekstasis—ek* meaning "out" and *stasis* meaning something like "stand." To be in ecstasy is to stand outside yourself. The "Screwtape" demon tells his nephew, "Nothing matters at all except the tendency of a given state of mind, in given circumstances, to move a particular patient at a particular moment nearer to the Enemy or nearer to us." I have been overpowered with ecstasy in religious settings, during bouts of hedonistic excess, on Friday afternoons walking sober in the park as the sun turns everything translucent. Church never felt much more like virtue than drugs did, and drugs never felt much more sinful than church.

The first woman who is known to have published a book in English was a religious ecstatic: Julian of Norwich, whose name possibly comes from St. Julian's Church in Norwich, England, where, in the fourteenth century, she lived in devotional seclusion. At age thirty, Julian experienced sixteen extended and agonizing visions of God, which she collected in a book called "Revelations of Divine Love." She describes feeling "a supreme spiritual pleasure in my soul" and being "filled with eternal certainty," a feeling "so joyful to me and so full of goodness that I felt completely peaceful, easy and at rest, as though there were nothing on earth that could hurt me." But, she writes, "this only lasted for a while, and then my feeling was reversed and I was left oppressed, weary of myself, and so disgusted with my life that I could hardly bear to live."

This kind of delirious experience is seemingly a human constant, recounted with more or less identical phrasing in many different eras and attributed to many different sources. In 1969, the British biologist Alister Hardy began to compile a database of thousands of narratives that sound almost exactly like Julian's. One man writes, "I was out walking one night in the busy streets of Glasgow when, with slow majesty, at a corner where the pedestrians were hurrying by and the city traffic was hurtling on its way, the air was filled with heavenly music; and an all-encompassing light, that moved in waves of luminous color, outshone the brightness of the lighted streets. I stood still, filled with a strange peace and joy." Technically, Hardy's archive is a compendium of religious experiences, but the accounts within it resemble transcripts from the supervised drug sessions that were conducted in the mid-seventies to the mid-eighties, during the brief period when Ecstasy could be used in therapeutic settings. (More recently, clinical trials with Ecstasy have begun.)

The substance that would later be called Ecstasy was first developed in 1912, in Germany, by Merck, which was trying to find a treatment for abnormal bleeding. For decades, it was known by its technical name, 3,4-methylenedioxymethamphetamine, or MDMA. In the seventies, a number of scientists tried it themselves, and a

network of underground MDMA psychotherapists began to grow. In the eighties, the drug was labelled an empathogen, or an entactogen, because it can generate a state of empathy, by blocking serotonin reuptake and inducing the release of both serotonin and dopamine. During this period, Ecstasy was sometimes called Adam, by therapists, because of the state of Edenic innocence that it seemed to prompt in their patients. "Adam sessions" were collected in a 1985 book called "Through the Gateway of the Heart." One subject, a rape survivor, writes, "I felt expansive, physically exhausted but full of love and a deep feeling of peace." Another writes, "I do intend to become a perfect temple for this God-consciousness." A third subject identifies the drug as a religious pathway to "allow, invite, surrender God into my own body."

The attainment of chemical ecstasy, empathogenesis, occurs in stages. The drug first strips away the user's inhibitions, then it prompts the user to recognize and value the emotional states of others, and, finally, it makes the user's well-being feel inseparable from that of the group. Unlike other drugs that provoke extraordinary interpersonal euphoria, such as mushrooms or acid, Ecstasy does not confuse the user about what is occurring. Your awareness of self and of basic reality remains unchanged. For this reason, Ecstasy can provide a sense of salvation that might be more likely to stick than, say, a hallucinogen epiphany delivered from a face in the clouds.

In 1985, the Drug Enforcement Administration banned Ecstasy for a year, as an emergency measure, amid a rise in recreational use. Shortly before the ban ended, a D.E.A. judge recommended that MDMA be placed in the Schedule III category, for drugs, like ketamine and steroids, that have an accepted medical use and a moderate to low potential for abuse and addiction. Instead, MDMA was placed in Schedule I, the category for drugs with high abusive potential, no accepted medical usage, and severe safety concerns. It was around this time that a drug dealer renamed the substance Ecstasy. Despite the ban, the drug went global in the nineties, at raves. At the turn of the century, the D.E.A. estimated that two million hits of Ecstasy were brought into the United States every week. Its availability ran in cycles. By 2011, when I returned to the States after a year in the Peace Corps, Ecstasy had been rebranded as Molly, and it was once again a mainstream drug, engineered for the decade of corporate music festivals—both a special-occasion option and no big deal.

Ecstasy's magic is strongest at the beginning; it dissipates through repetition. I've become careful about using it—I'm afraid that the high will blunt my tilt toward unprovoked happiness, which might already be disappearing. I'm afraid that the low that sometimes comes after will leave a permanent trace. But, still, each time, it can feel like divinity. Your world realigns in a juddering oceanic shimmer. You understand that you can give the best of yourself to everyone you love without feeling depleted. This is what it feels like to be a child of Jesus, in a dark chapel, with stained-glass diamonds floating on the skin of all the people kneeling around you. This is what it feels like to be twenty-two, nearly naked, your hair blowing in the wind as the pink twilight expands into permanence, your body still holding the warmth of the day. You were made to be here. The nature of a revelation is that you don't have to reëxperience it. In the seventies, researchers believed that MDMA treatment could be discrete and limited—that once you got the message, as they put it, you could hang up the phone. You would be better for having listened. You would be changed.

They don't say this about religion, but they should.

hat if I were to begin an essay on spiritual matters by citing a poem that will not at first seem to you spiritual at all?" Anne Carson writes in the title essay of her book "Decreation." The poem is by Sappho, the Greek woman who supposedly threw herself over a cliff in the sixth century B.C. out of an excess of love for Phaon, the ferryman—though, for Sapphic reasons, this is unlikely. Carson connects Sappho to Marguerite Porete, a Christian mystic who was burned at the stake in 1310, and then to Simone Weil, the French intellectual who, while living in England during the Second World War, starved herself in solidarity with her compatriots in German-occupied France and died in 1943. The spiritual matter that Carson seeks to address is mysticism, the belief that, through attaining a state of ecstatic consciousness, a person can achieve union with the divine.

Carson cites Sappho's Fragment 31, in which the poet looks at a woman who is sitting next to a man, laughing with him. Sappho describes her feelings as she watches the woman. In Carson's translation:

... thin

fire is racing under skin and in eyes no sight and drumming fills ears

and cold sweat holds me and shaking grips me all, greener than grass I am and dead—or almost I seem to me.

Fragment 31 is one of the longest extant pieces of Sappho's work, preserved because it was excerpted in "On the Sublime," a work of literary criticism from the first century. In the seventeenth century, John Hall translated Fragment 31 for the first time in English; in Hall's version, the "greener than grass" line is "like a wither'd flower I fade." The Greek word in question is *chloros*, the root of the word "chlorophyll"—a pale yellow-green color, like new grass in the spring. As the narrator takes on the quality of that color, a translator could imagine her growing paler, fading—the "pale horse" in Revelation is a *chloros* horse. Carson reaches for the opposite effect. As the narrator stares at the woman she loves, she becomes greener, and the line becomes an expression of ecstasy in its original sense. Sappho steps outside herself. Love has caused her to abandon her body. The green grows greener. Some essential quality deepens as the self is removed.

The word "decreation" is Weil's term for the process of moving toward a love so unadulterated that it makes you leave yourself behind. "Perfect joy excludes even the very feeling of joy," she writes. "For in the soul filled by the object no corner is left for saying 'I.' "She dreams of vanishing, but this fantasy reinscribes the dazzling force and vision of her intellectual presence. It's a "profoundly tricky spiritual fact," Carson writes, describing Weil's quandary. "I cannot go

towards God in love without bringing myself along." Being a writer compounds the dilemma: to articulate the desire to vanish is to reiterate the self. Greener, not paler.

Carson's book includes a three-part libretto in which she imagines Weil in a hospital bed as "the Chorus of the Void tapdance around her." In a line that makes me shiver, Carson's Weil says, "I was afraid this might not happen to me." She expires in the white space that follows the libretto, reaching the logical end point of her philosophy of devotion—an ecstasy that is not so different from death. To grasp at self-erasure is to approach a total annihilation that can be achieved only once. I have wondered if this is part of the reason that many evangelical Christians seem eager for the Rapture, the prophesied event in which they'll depart the earth and ascend to Heaven. When you love something so much that you dream of emptying yourself out for it, you'd be forgiven for wanting to let your love finish the job.

The last time I participated in anything on my old church campus was high-school graduation. I was wearing a white flowered sundress under a royal-blue robe, and I was onstage at the Worship Center, looking up at the bright lights, toward the empty balconies, giving the salutatorian's speech. I had turned in a different speech for approval. I barely remember what I ended up saying—I know I made at least one joke about the Repentagon. My classmates whooped, but, as I crossed the stage to accept my diploma, an administrator hissed his disapproval. The distance between the place that formed me and the form I had taken was out in the open, and widening. The next Christmas, when I came home from college, my church held a holiday service at the Toyota Center, the huge downtown arena where the Houston Rockets play. I spent much of the afternoon getting stoned with a friend, and, in the middle of the spectacle, I started to lose it. The country star Clay Walker was singing, his face looming huge on the jumbotron. I left my parents, edging my way out of the stadium seating. Outside, on the perimeter of our church service, venders were selling popcorn and brisket sandwiches and thirty-two-ounce Cokes. I went to the bathroom, overwhelmed, and cried.

I wonder if I would have stayed religious if I had grown up in a place other than Houston and a time other than now. I wonder how different I would be if I had been able to find the feeling of devoted self-destruction only through God. Instead, I have confused religion with drugs, drugs with music, music with religion. I can't tell whether my inclination toward ecstasy is a sign that I still believe in God, or if it was only because of that ecstatic tendency that I ever believed at all. The first time I did mushrooms, the summer after my freshman year of college, I felt vulnerable and rescued, as if someone had just told me that I was going to Heaven. I walked down a beach and everything coalesced with the cheesy, psychotic logic of "Footprints in the Sand." The first time I did acid, I saw God again—the trees and clouds around me blazing with presence, like Moses' burning bush. Completely out of my mind, I wrote on a napkin, "I can process nothing right now that does not terminate in God's presence—this revelation I seem ready to have forever in degraded forms."

A couple of years later, I did acid in the desert, in a house at the top of a hill in a canyon where the sun and the wind were white hot and merciless. I left the house and walked down into the valley, and felt the drugs kick in when I was

wandering in the scrub. The dry bushes became brilliant—greener—and a hummingbird torpedoed past me so quickly that I froze. I experienced, for the first time, Weil's precise fantasy of disappearance. I wanted to see the landscape as it was when I wasn't there. Everything was rippling. For hours, I watched the blinding swirl of light and cloud move west, and I repented. At sunset, the sky billowed into mile-wide peonies, hardly an arm's length above me, and it felt like a visitation, as if God were replacing the breath in my lungs. I sobbed, battered by a love I knew would fall away from me, ashamed for all the ways I had tried to bring myself to this, humiliated by the grace of encountering it now. I finally dragged myself inside and looked in the mirror. My eyes were smeared with black makeup, my face was red from crying, my lips were swollen; a thick, whitish substance clung stubbornly around my mouth. I looked like a junkie. I found a piece of paper, and, after noting that the ink seemed to be breathing, I wrote, "The situations in my life when I have been sympathetic to desperation are the situations when I have felt sure I was encountering God."

I don't know if I'm after truth or hanging on to its dwindling half-life. I might only be hoping to remember that my ecstatic disposition is the source of the good in me—spontaneity, devotion, sweetness—and the worst things, too: heedlessness, blankness, equivocation. Sunday in church isn't the same as Sunday on the radio.

In the fall of 2000, a few months after I first heard DJ Screw's music, he was found dead on the bathroom floor at his studio, with an ice-cream wrapper in his hand. He was twenty-nine. Coroners found that his body was full of codeine; his blood also flowed with Valium and PCP. His heart was engorged, possibly the result of sedentary days and nights in the indulgent vortex of the studio. At his funeral, in Smithville, the town where he grew up, old folks sang gospel and rappers nodded quietly along with the hymns. People lined up outside the church the way they'd done outside Screw's house to pick up their tapes. They were honoring the sound that darkened Houston's anonymous, looping highways, that seeped through the veins of the city, setting the pace and the rhythm of its people as they slipped past one another in cars.

That year, I got on a bus and rode in a convoy east toward Alabama with a thousand other kids. On a middle-of-nowhere beach, we participated in mass baptisms, put our hands up in huge services where everyone cried in the darkness. We groped one another on the bus afterward, and in the morning we talked about how good it felt to be saved. Later, it was one of the boys from that trip who chopped lines on my friend's kitchen table as I waded through her pool, drunk on syrup, staring at the stars. There are some institutions—drugs, church, money—that align the superstructure of white wealth in Houston with the heart of black and brown culture beneath it. There are feelings, like ecstasy, that provide an unbreakable link between virtue and vice. You don't have to believe a revelation to understand that something inside it was real. \blacklozenge

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